LALLEY CENTRE TIMETABLE – FROM OCTOBER 2018

| DAY | TIME | ACTIVITIES | RESPONSIBLE | CONTACT DETAILS |
|-----------|-----------------------------------|--|--------------------|-----------------|
| | CENTRE CLOSED | CENTRE CLOSED | CENTRE CLOSED | CENTRE CLOSED |
| Monday | | Emergency Food Parcels may be available by | | |
| | | telephone referral from agencies during | Julia Coulton | 0161 205 2754 |
| | | weekdays depending on staff availability. | | |
| | All day | Allotment Volunteering – by arrangement | Louella Fitzgerald | 0161 205 2754 |
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| | CENTRE CLOSED | CENTRE CLOSED | CENTRE CLOSED | CENTRE CLOSED |
| Tuesday | All day | Allotment Volunteering – by arrangement | Louella Fitzgerald | 0161 205 2754 |
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| | | | | |
| | 09.00 - 10.00 | English Lessons * | Sister Joan Ryan | 0161 370 2733 |
| Wednesday | 10.00 - 11.30 | Tea, Coffee and Toast | Julia Coulton | 0161 205 2754 |
| | | Food Bank – please arrive at 10am | Julia Coulton | 0161 205 2754 |
| | 10.00 - 12.00 | New session time: Housing Advice Drop In | Liz Gonzales/Lisa | 0161 205 2754 |
| | | | Cookson | |
| | 14.00 - 16.00 | Drop in for use of computer suite | Julia Coulton | 0161 205 2754 |
| | All day | Allotment Volunteering – by arrangement | Louella Fitzgerald | 0161 205 2754 |
| | | | | |
| | CENTRE CLOSED IN THE MORNING ONLY | | | |
| | 13.00 - 15.00 | Work Club Drop-In | Mark O'Pray | 0161 205 2754 |
| Thursday | 13.00 - 16.00 | Welfare Benefits Advice Drop In | Karen Davidson | 0161 205 2754 |
| | All day | Allotment Volunteering – by arrangement | Louella Fitzgerald | 0161 205 2754 |
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| Friday | 10.00 - 12.00 | Drop in for use of computer suite | Julia Coulton | 0161 205 2754 |
| | 10.00 - 12.00 | Arts Drop In Sessions | Jasmine Walne | 0161 205 2754 |
| | 13.00-15.00 | Health and well being courses – drop in sessions | Julia Coulton | 0161 205 2754 |
| | All day | Allotment Volunteering – by arrangement | Louella Fitzgerald | 0161 205 2754 |

^{*} By appointment only