

**LALLEY CENTRE TIMETABLE – FROM FEBRUARY 2019**

DAY	TIME	ACTIVITIES	RESPONSIBLE	CONTACT DETAILS
Monday	CENTRE CLOSED	CENTRE CLOSED	CENTRE CLOSED	CENTRE CLOSED
		Emergency Food Parcels may be available by telephone referral from agencies during weekdays depending on staff availability.	Julia Coulton Sam Birch	0161 205 2754
	All day	Allotment Volunteering – by arrangement		
Tuesday	CENTRE CLOSED	CENTRE CLOSED	CENTRE CLOSED	CENTRE CLOSED
	All day	Allotment Volunteering – by arrangement	Julia Coulton Sam Birch	0161 205 2754
Wednesday	09.00 – 10.00	English Lessons *	Sister Joan Ryan	0161 370 2733
	09.00 – 12.00 NEW TIME	Housing Advice Drop In – no appointment needed	Liz Gonzales/ Steph Henry	0161 205 2754
	10.30 – 12.00 NEW TIME	Tea, Coffee and Toast	Julia Coulton Sam Birch	0161 205 2754
		Food Bank – please arrive at 10.30am. (No queuing outside the centre before 10am please)		
	14.00 – 16.00	Drop in for use of computer suite	Julia Coulton	0161 205 2754
All day	Allotment Volunteering – by arrangement	Sam Birch		
Thursday	10.30 – 11.30	Basic Computer Skills session	Sam Birch	0161 205 2754
	13.00 – 15.00	Arts Drop In Sessions	Sam Birch	0161 205 2754
	13.00 – 16.00	Welfare Benefits Advice Drop In	Karen Davidson	0161 205 2754
	All day	Allotment Volunteering – by arrangement	Julia Coulton	0161 205 2754
Friday	10.00 – 12.00	Drop in for use of computer suite	Julia Coulton Sam Birch	0161 205 2754
	13.00-15.00	Health and well being drop in sessions		
	All day	Allotment Volunteering – by arrangement		

\* By appointment only