

# Caritas Prayer

Heavenly Father,

We pray for everyone in our Caritas Salford family.

For people living on the margins or in poverty in its many forms.

May their lives be transformed and their human dignity and hope restored by experiencing the loving kindness of others.

For Caritas volunteers, staff and supporters, who enable us to walk in solidarity alongside people who need time and support to rebuild their lives and find their own voice.

May Your Holy Spirit bring us the courage to speak out against the injustices we witness daily in our communities and bring about positive change for the common good of all, not just the few.

May we always remember the true meaning of caritas is love in action.

Help us to respond with our hands outstretched ‘towards the wider “we”’.

We make our prayer through our Lord Jesus Christ, Your Son.

Stay with us, Lord, on our journey.

Amen.

**Caritas**  
Diocese of Salford



## Key social action dates for your diary:

### January:

World Day of Peace  
Caritas Sunday  
(last Sunday of the month)

### February:

8th Feast of St Josephine Bakhita: Day of Prayer against human trafficking  
Racial Justice Sunday

### March:

Fast, Pray, Give for Lent  
(St Joseph's Penny Appeal)  
Women's World Day of Prayer

### April:

World Health Day  
World Earth Day

### May:

Mental Health Awareness Week  
UN International Day of Families

### June:

Volunteers' Week  
Refugee Week

### July:

World Day for Grandparents and the Elderly  
World Day Against Trafficking of People

### August:

World Humanitarian Day

### September:

Season of Creation  
World Day of Migrants & Refugees

### October:

International Day of Older Persons  
Challenge Poverty Week

### November:

Remembrance  
World Day of the Poor

### December:

Caritas Advent campaign  
International Migrants Day