



Every Step

A pack for schools

Join our Every Step challenge for 2024

Our faith calls us to love God and to love our neighbour, especially those who are experiencing poverty and homelessness, and those who are refugee or migrant people. Following in the footsteps of Christ, we invite you to join us in solidarity with our Every Step campaign this year.



Will you take on our challenge to help local people being supported by Caritas Diocese of Salford across Manchester and Lancashire?

From runs or sponsored walks, to sponsored classroom activities or playground challenges, there are lots of ways you can get involved.

Whatever pushes you out of your comfort zone, be it a physical or mental challenge...you choose the activity, you choose the date!

We want every young person to be motivated to join in and to make it simple for teaching staff members to run it. We don't want anyone to get too far ahead or for anyone to be left behind because of ability, accessibility or motivation levels. We hope that all of the young people in your school can participate. Because, whatever you do, every step you take towards completing your challenge will make a huge difference to the lives of local people.

It's simple to take part.

Simply choose your challenge, decide when you want to do it, and set up an online fundraising page to start to collect sponsorship:
[justgiving.com/campaign/everystepcaritas](https://www.justgiving.com/campaign/everystepcaritas)

Be inspired. . .

Take a look at our A to Z of fundraising ideas.



The Every Step Camino Challenge with Fr Chris Gorton



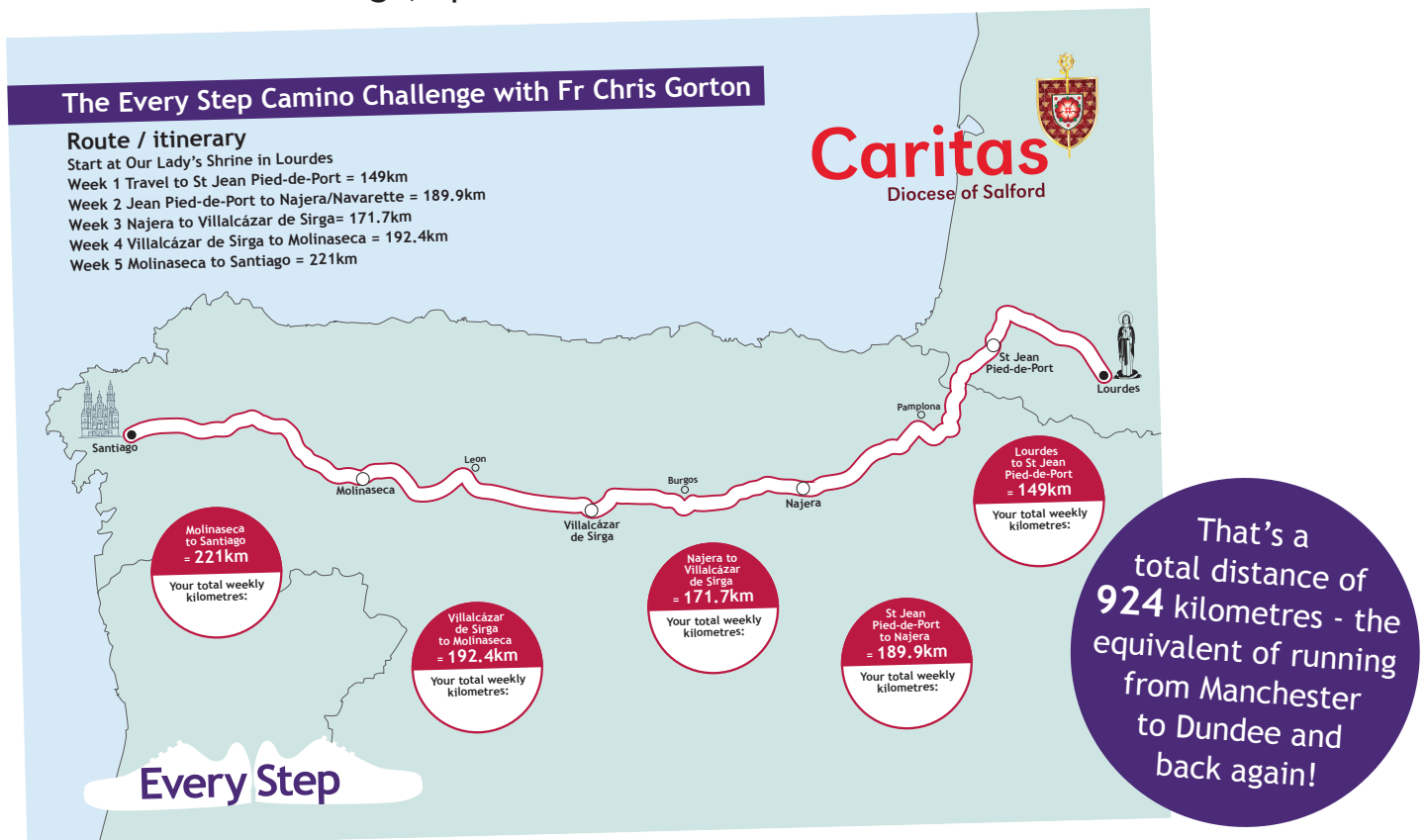
One way to get involved is to follow the journey of one of Salford Diocese's own parish priests as he takes on the Every Step challenge.

Fr Chris has chosen to raise funds for Caritas by doing a sponsored run along the Camino de Santiago - a special Christian pilgrimage route - during the months of September and October. He will start on Monday 16th September and complete the challenge on Wednesday 23rd October.

That's 28 school days, depending when October half term is.

Here's how to join him. . .

Use the map to follow Fr Chris' proposed route from Lourdes in France through to the Cathedral in Santiago, Spain.



Pledge to run or walk a set distance every day you are in school, e.g. 5km around the field or perhaps agree to run or walk for a set time each day, e.g. ten minutes.

Each day you manage to achieve this is worth 33km of Fr Chris' journey.

Record your total weekly kilometres on the map.

Can you keep up with Fr Chris as he reaches each of the weekly destinations?

You have 28 school days to complete the challenge.

Fr Chris is going to dedicate each week of his challenge to praying for the different people being supported by Caritas Salford projects.

Perhaps you can include these themes - and especially the people affected by these social issues - in your class times of reflection, prayer or liturgy?

Week 1:

Pray for people experiencing poverty and hunger.

Solidarity spurs us to stand side by side with our sisters and brothers, especially those living in poverty.

Week 2:

Pray for refugees and migrant people.

God is present in every human person, regardless of religion, culture, nationality, orientation or economic standing. Each one of us is unique and beautiful. We are called to treat every person and every creature with loving respect.

Week 3:

Pray for people experiencing homelessness or living in temporary accommodation and for families at risk of losing their home.

We are reminded of God's preferential love for the poorest and most vulnerable people. God's love is universal; he does not side with anyone, but loves the humble.

Week 4:

Pray for people experiencing mental ill health and those people who feel lonely or isolated.

Peace is a cornerstone of our faith. Today, our world is a troubled place, and many people suffer from a lack of peace in their heart or mind as a result of illness, anxiety or loneliness.

Week 5:

Pray for ourselves, that we try to follow in Christ's footsteps.

At the end of the challenge:

What have I learnt and how will I apply this to the way I live my life now?

How have I changed and grown because of these reflections and this challenge?

How will I behave differently at home, at school, and in my community?

Describe how this Every Step activity, the prayers and reflections - and any fundraising I've achieved - will make a difference to local people experiencing crisis.





Please get in touch if you'd like to discuss your Every Step activities, need more support or information, or simply to let us know what you have planned so we can help promote the great support you're giving!

You can also take a look at our fundraising pack for more information and ideas...

Thank you so much.

However you choose to take part, every step will make a huge difference to the lives of local people in Greater Manchester and Lancashire.

Good luck!