



Caritas
Diocese of Salford



Will you be there for others with
a virtual gift to transform lives?

www.caritassalford.org.uk/donate

For more information, please call 0161 817 225
and press 1 for fundraising or email fundraising@caritassalford.org.uk

Thank you for your kindness.



£8 personal toiletries set

Your donation could ensure that people attending our homeless day centres have the personal toiletries they need, such as shower gel, deodorant, shaving items and period products.



£15 Birth and new parent starter kit

When a new parent has no other family, you could give their newborn baby the best possible practical start.



£20 Grow your own starter kit

With support from our Caritas food pantry, you could help people save money on their shopping with healthy easy-to-grow fruit and vegetable kits.



£35 Professional advice and support

Time to talk with a professional can be an important first step in overcoming whatever difficulties you or your family are facing. Your gift could make this possible, so that individuals can transform their lives with dignity.



£35 Refit a home with energy saving measures

Your gift could help reduce someone's household electricity bills. When you are having to make difficult choices with your finances, every penny saved on energy bills can make such a difference.



£50 Providing hot shower facilities for 70 people

Your donation could allow 70 of the most vulnerable people in our local communities to have a shower in one of our day centres.



£85 Warm home pack

For those unable to leave their home or bed due to disability or illness, your gift could ensure they can stay warm and comfortable without driving up their energy bills.



£157 Weekly food shop

Feeding your family when you have no money is tough enough. But it's even harder if you're caught up in a crisis such as chronic illness, bereavement or fear of eviction. Your gift could ensure that a family has the food support they need.



£250 Sponsor a programme of activities

Our passions are what make us human...Taking part in a wellbeing afternoon, arts and crafts, drama, cooking, creative writing, music, composing, singing, painting or pottery are important and just because you're struggling at the moment, doesn't mean you should not be able to pursue these lifegiving activities. Your donation could pay for craft materials, paper and canvas, pens and paper, basic musical instruments, sports equipment, ingredients and cooking equipment, and time with the experts to learn and hone new skills.



£350 Sponsor an allotment plot or raised bed

It's a well-known fact that being outside in nature is good for your health - physically, mentally and spiritually - and the people who access support in this way continue to provide feedback that it's been so helpful for their wellbeing. Your gift could pay for compost, seeds, starter plants ('plugs'), tools, gloves, protective clothing and the right footwear, pots, string, netting, and time with the experts to learn and hone new skills.



£1,500 Sponsor a room for a year

Your gift could help provide safe, supported accommodation for a year for someone, and prevent them being homeless.



£1,500 Provide interpretation and translation services

Donations could help ensure that Caritas services remain a welcome, safe and inclusive space to all people in crisis. It ensures that anyone who is d/Deaf or has another language which is not English can access the help to move out of poverty, homelessness and disadvantage.

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 caritassalford.org.uk/donate

 0161-817 2250 and select option 1

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#BeeThere