

Love in Action Caritas



Diocese of Salford

Supporting people experiencing poverty, homelessness and disadvantage across Greater Manchester and Lancashire.

A big thanks

Thank you to everyone who added their name to our recent campaign to end child poverty in Greater Manchester and Lancashire.

By pledging your support, you joined hundreds of other local people demanding urgent and tangible change to help families in our area.

Your pledges have greatly strengthened our ongoing engagement with policy makers. We've been able to meet with multiple MPs and other key decision makers locally and nationally to raise issues and offer solutions and ideas about how the lives of children could be improved with urgency. Some of the MPs have also taken up the call to action and have directly raised questions with the Departments for Education, the DWP and others too.

We also attended a special round table discussion on child poverty at the House of Lords, to help raise awareness and influence changes to the policies and processes that keep families trapped in poverty.

We'll keep you updated as the campaign progresses and you can find out more or pledge and add your name if you haven't already, at:

www.caritassalford.org.uk/AddMyVoice



"This food will help so much, my family are going through a really hard time at the moment... so we're really grateful for the help you provide."

Parent accessing our service

According to latest statistics from June 2025, in our area:



There are **8,928**

children living in temporary accommodation. This is a staggering increase of **11 per cent** compared with the same time last year.



Numbers of people rough sleeping locally have risen too, with

481

individuals living on the streets with no safe, secure place to call home.



More than **one in three** children are living in poverty and going to school with empty tummies.



"The poor are not a distraction for the Church, but our beloved brothers and sisters, for by their lives, their words and their wisdom, they put us in contact with the truth of the Gospel."

Pope Leo for the World Day of the Poor 2025

Caritas - putting love into action - is at the heart of our call to love God and our neighbour.

When we offer our love through practical and financial support, we bring to life the teachings of our Lord, Jesus Christ, who came "not to be served, but to serve" (Mark 10:45).

The support people in your parish give to Caritas Salford, your diocesan charity, really does transform the lives of families, children and individuals locally at a time they need it most.

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Did you know...



As Caritas Salford we're proud that our support reaches across **Greater Manchester and Lancashire.**



86

members of staff deliver our work.



217

incredible volunteers support us. We couldn't do what we do without them.



We support

thousands

of adults, young people and children every year.

Fundraising in your parish...

Donating or fundraising in your parish community, you will be making a real difference to the lives of individuals and families in your area?



£8 could pay for toiletries for someone who has come to Caritas for support.



£45 could pay for a three-course meal for 15 people at one of our day centres.



£85 could provide a warm winter pack for those unable to leave their home or bed due to disability or illness.



£157 could provide a family experiencing crisis such as chronic illness, bereavement or fear of eviction, with a weekly shop of food and other essentials.

Fundraising together?

Could you sponsor a plot or raised bed in our community allotment?

If you raise **£350**, it could pay for everything the team needs to help give people new skills - and the food grown in our community allotment also means amazing organic fresh produce for our community food pantry too.



Or would your parish sponsor a room for a year?

Your sponsorship of **£1,500** could help provide safe, supported accommodation for a year for someone, and prevent them being homeless.

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Supporting Christopher

Christopher (name has been changed) came to Caritas for help when he became homeless following an accident that meant his leg was amputated.

We supported him via our range of services and he is now moving on to his own accommodation, thanks to the kind donations of people like you. He has also offered to return to volunteer his time to help others who are homeless or at risk of becoming so.

He said: "It's scary to become homeless. Not all of us have a choice. so like in my scenario it just happened - the amputation and becoming homeless even after 25 years of working and bills, never claiming anything.

"In Caritas they consider your thoughts, your ideas and I think you've got more dignity here... Just the warm welcome and you're treated on the same level like everyone around.

"It was like a relief. When I came in here and I saw the Caritas sign, I said I'm in a safe place now, just the name and the reputation of Caritas. So that was something in the back of my head. It's a safe place."



Could you volunteer an hour or two?

Caritas volunteers in local parishes can support in lots of ways, from improving accessibility to helping raise awareness and signposting people in the local community who need help. Some of our amazing volunteers have even set up warm hubs or held community meals for those who need it! To find out more visit www.caritassalford.org.uk/volunteer

"My life changed the second I walked through this door. Without this place, I would have done nothing with my life. Thank you."

Person accessing our services

Did you know?

We have a range of free resources, prayers, and other information available on our website?

Visit www.caritassalford.org.uk to download them or find out more.



Could we come and speak in your parish?

We'd love to come along and let you know more about Caritas and our work in your area. Please get in touch with Matt in our team if you'd be happy for us to do so: m.yates@caritassalford.org.uk

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Supporting Andrea and her family

Andrea and her children were housed in a refuge after they fled domestic violence, leaving their previous life with nothing.

They moved to a different accommodation but had no appliances such as an oven, washing machine or refrigerator.

The youngest child told school staff that they would leave their milk on the back doorstep to keep it cold and that she washed her school uniform in the bath. Mum was buying items when she could and was hoping to save enough to buy a fridge.

The school contacted Caritas and through our Bishop's Fund we were able to arrange a crisis grant to support the purchasing of a washing machine and oven for the family. We continued to work alongside them to support as they started a new life together.



Celebrating a century with a life-changing gift



A kind-hearted Caritas supporter has made a real difference to the lives of local people, by choosing our charity to benefit from her landmark birthday celebrations.

Manchester United fan Nora, who recently turned 100, chose to ask for donations to Caritas Salford in lieu of gifts, raising more than £3,000 for our charity.

She said: "Supporting Caritas jumped out as the obvious choice because of all the good work that you do. I've been through difficult situations and would like to help others in those circumstances too. I think the work you do looking after children is most important."

When asked what she would say to others thinking of supporting our work by choosing to ask for donations instead of gifts at their birthday, wedding, engagement or other special event, she said: "We should always look out for others in life, that's what my 100 years has taught me. Caritas helps those in need."

To find out more about ways you can support and how to arrange a gift to mark your special day like Nora did, visit www.caritassalford.org.uk/fundraise or contact the team by emailing fundraising@caritassalford.org.uk



Could you walk the AJ BellGreat Manchester 10k on Sunday 31 May this year?

Caritas will be having a team of fast-walkers taking on the 10km distance at this iconic race.

If you feel you could join the team and help raise much-needed funds, please get in touch!

There are also half marathon places available.

Fundraising@caritassalford.org.uk



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