

Love in Action Caritas



Diocese of Salford

Supporting people experiencing poverty, homelessness and disadvantage across Greater Manchester and Lancashire.



“By her very nature the Church is in solidarity with the poor, the excluded, the marginalised and all those considered outcast in society.”

Pope Leo XIV, Dilexi Te #111

Caritas - putting love into action - is at the heart of our call to love God and to love our neighbour. By loving others as we take action to help at times of need, at times of urgent crisis, and at times of extreme hardship, we are truly living the teachings of our Lord, Jesus Christ. Walking together alongside local people experiencing poverty, homelessness and discrimination we find that:

“In loving others, we find our purpose.”
Saint Bernadette

Thank you!

The support people in your parish give to Caritas Salford, your diocesan charity, really does transform the lives of families, children and individuals locally at a time they need it most.

You’ve helped us to be alongside adults and young people who are often experiencing some of the most challenging times of their life, and supported them as they have worked to change their lives and achieve their goals.

Everyone is an individual with their own wishes and dreams for the future, and with your help we’ve not only been able to support them with immediate help at a time of crisis - from a secure roof over their head to a hot meal for their children - but also long-term too.

Because everyone deserves hope, a safe home, and a future built on dignity.

“My life has changed beyond recognition since coming...without the support I would not have been housed, fed or going to university. Your support gave me hope and confidence in me and I give thanks for all the help and advice to me, my husband and my boys.”
Person accessing our services

www.caritassalford.org.uk/ThankYou

People not statistics

In our diocese:



More than **333,000** children are living in poverty right now.



That’s more than one in three children who are going to school with empty tummies.



Almost **9,000** children are also living in temporary accommodation.



Rough sleeping is rising too, with **481** people living on the streets locally.

These aren’t just horrific statistics.

They’re real people.

Our neighbours, our friends, our colleagues.

Anyone can find themselves in crisis at any time in their life, and thanks to you we’re able to help thousands of local people at a time they need it most.

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Did you know?

Our services include providing safe, secure accommodation for people experiencing homelessness. Many never dreamed they'd be in this situation and come to us during acute crisis for them and their family.

Katie* was living a chaotic life without any stability for her and her son.

She moved to our young parent accommodation and lived with us for 14 months.

During this time she learned ways to improve her parenting skills and built up her confidence to live independently.

She joined in with activities and her son particularly enjoyed bedtime story sessions.

When she was ready to move out, our team supported her with grant applications for furniture and other elements involved in moving into your own tenancy.

She has come back to visit and to share with staff how things are in her new home.

The family has settled in and are getting on well with neighbours. They're part of the local community, with her son settled into nursery too.

*Name has been changed



EverySTEP

Take a hike!

Fresh air and great company!

Join us for a 6-mile scenic circular sponsored hike in Lancashire along the delightful Downham Trail, taking place on 5 September 2026.

It's an undulating route with the potential for beautiful, expansive views from the summit of Beacon Fell.

To register, pick up a copy of the special pamphlet in church, or visit our website: www.caritassalford.org.uk/TeamCaritas

Or contact Iona, Kirstie and Rachel during office hours on **0161 817 2250** and press 1 for fundraising or by emailing fundraising@caritassalford.org.uk



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Fundraising together?

If walking isn't your thing, perhaps you could join as a parish group to raise funds to sponsor a room in one of our homeless supported accommodations?

Your sponsorship of **£1,500** could provide a safe place for someone to call home for a year, as they work to transform their life.

"I didn't think I would be able to have the confidence to cook again for other people, but now I do."

Person accessing our homelessness supported accommodation who now volunteers in the kitchen



Or, if you love gardening, perhaps you'd consider sponsoring a plot in our community allotment? The produce grown there - by members of the local community and people accessing our services - includes delicious and nutritious fresh fruit and vegetables which are then offered to people in our community food pantry too.

Please get in touch if you can help, by contacting Iona, Kirstie and Rachel during office hours on **0161 817 2250** and press 1 for fundraising or by emailing fundraising@caritassalford.org.uk



Campaigning for change

A huge part of the work of Caritas Salford is to advocate for changes to policies, systems and attitudes that impact local people experiencing poverty, homelessness, discrimination and disadvantage.

Our campaigns are shaped by the voices of those who use our services and we believe in the dignity of every person.

That everyone has the right to flourish.

Policymaking must enable this, and we aim to drive lasting and meaningful change in Greater Manchester and Lancashire.

Find out more at www.caritassalford.org.uk/campaigning



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How your fundraising helps

By fundraising in your parish or making a donation at www.caritassalford.org.uk/donate you are making a real, tangible difference.



£8 donated could pay for toiletries for someone, such as toothbrush and paste, shower gel, deodorant, period products or shaving items.



£45 could pay for a three-course meal for 15 people at one of our day centres.



£157 could provide a family experiencing crisis such as chronic illness, bereavement or fear of eviction, with a weekly shop of food and other essentials.

To find out more about our work and how you can help, visit:
www.caritassalford.org.uk/fundraise

Supporting James*

James came to one of our homeless day centres because he was rough sleeping.

He was employed and sleeping on the streets near his work.

Our team helped him with urgent crisis support, including food, a hot shower, clean clothing and a secure place to stay. They then worked alongside him to enable a referral to an accommodation where he lived for eight months.

He has now moved into his own house. He said: "You saved my life. The day you referred me to the accommodation, they rang that afternoon and took me in...that's down to your work. I don't know what would have happened if I hadn't come here, it was the lowest time of my life. But you saved me and I can't thank you enough".

James has now enquired about how to support Caritas and is hoping that, with his experience and skills in the field of customer service, he will be able to join our volunteering team soon.

*Name has been changed



"Poverty is linked with so many other issues that build significant barriers to learning - children have no headspace for learning because there are often so many other things going on in their lives."

School leader



Did you know?

Our website has a huge range of free prayers, information resources and toolkits to support you and others in your parish.

Find out more:
www.caritassalford.org.uk/resources

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Can we please come and say hello?

Our team would love to come to your parish and talk to you more about Caritas and how we are putting love into action locally.

Get in touch!

Email m.yates@caritassalford.org.uk

Supporting Alice* and her family

Alice, who is married with four children, came to our community food pantry and allotment for support after her dad died very suddenly.

He had two young children from his second marriage, and when she was informed the children were about to go into care, she travelled and brought them to live with her.

She had no financial support in place and could not claim benefits for them.

They had little in the way of belongings and she used her savings to urgently provide clothing, footwear and school uniforms.

Our team supported her to access our Caritas Bishop's Fund to buy beds and other essentials to support the family with their financial crisis.

Her and her husband have fed back that they were extremely grateful for the support of our charity at an incredibly difficult time when they needed it the most.

*Name has been changed

Calling all knitters!

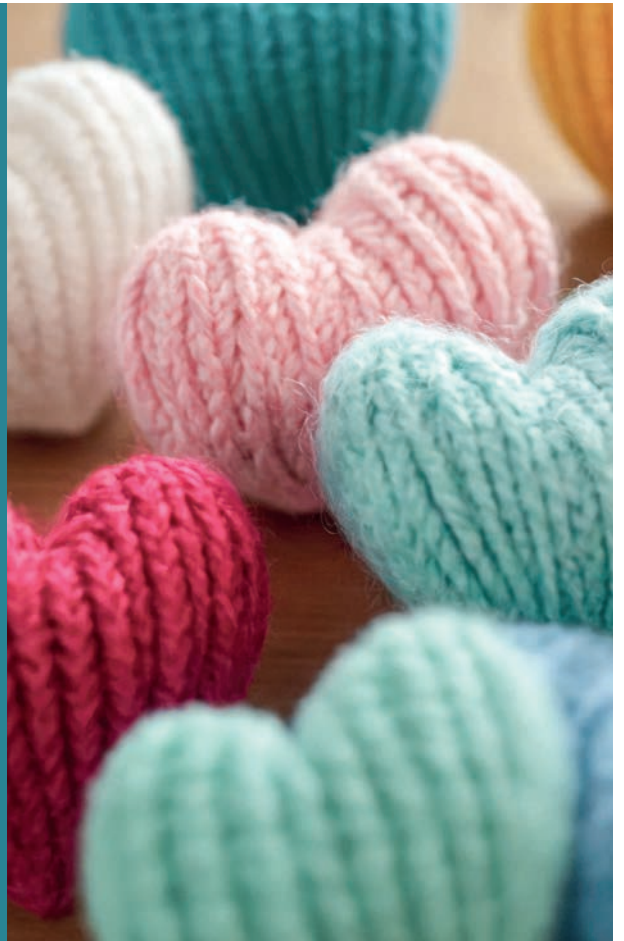
We're looking for knitters to help with a very special 'stitch-uation'...

If you're 'yarning' for something new, or a way to 'woolly' make a difference, please get in touch to hear more 'purls' of wisdom about what we're up to...

We're 'knot' sorry about the bad knitting puns, but we promise we'll stop them if you get in touch...

Contact Iona, Kirstie and Rachel during office hours on 0161 817 2250 and press 1 for fundraising or by emailing fundraising@caritassalford.org.uk

Every  Step



Supporting people experiencing poverty, homelessness and disadvantage across Greater Manchester and Lancashire.



All-round support, all year round

The support you enable with your kindness and generosity is truly holistic.

From crisis help to health and wellbeing support, we assist as people build new skills, increase their confidence, and gain new, important social connections too.

"I came in because I needed to speak to the rough sleepers team, I never intended on staying and doing gardening! It really helped quiet the noise in my head and if you ever need a hand doing more, I'll definitely be up for it."

"I think it's absolutely amazing for people to be able to access such a range of fresh produce for such a low price. It's also really great that you offer more ways to support people than just the food."



"Thank you so much for getting me a doctor. I think I would have carried on like this without getting looked at. I didn't think doctors would see homeless people."

We are extremely and sincerely grateful to all of our supporters in your parish for your kindness and support.

We couldn't help so many local people to transform their lives with dignity without you.

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