

Team volunteering at Caritas Salford Your information pack











CARITAS DIOCESE OF SALFORD

- **©** 0161-817 2250
- info@caritassalford.org.uk





Thank you!

Thank you for choosing to spend a day volunteering with us, we really appreciate you taking the time from your busy schedules.

Our mission at Caritas Salford is to help people across Greater Manchester and Lancashire experiencing poverty, disadvantage and discrimination to transform their lives with dignity.

By volunteering with us you are helping us make that mission a reality.

We're really grateful.



How your time with us is helping

Thousands of people are supported every year by our range of community and outreach services.

This support is provided across a range of services, including housing and homelessness, food insecurity, support for children, young people and families, crisis support, help for people seeking asylum and refugees, supporting people with accessibility or discrimination, preventing isolation and many other areas.

Read about Jo's story here and how Caritas Salford has supported them: www.caritassalford.org.uk/casestudy/supporting-jo/

By taking part in a team volunteering day with us, you will find out more about the impact of this vital work on local people in crisis.

We also hope that you will end your day with a real insight into the other ways you can help us, because - as a charity - we rely upon support from organisations and community groups like yours, as well as from generous individuals.

For example, voluntary financial donations mean we can continue to operate services throughout the year www.caritassalford.org.uk/donate/

whether it is a one-off gift or a regular commitment to giving.

We depend upon our fundraisers too, who come up with ideas and challenges, such as being sponsored to take part in a hike or a run, or by holding a cake sale. Perhaps your team will be inspired by one of these activities?

www.caritassalford.org.uk/take-partin-a-caritas-fundraising-event-oractivity/

And we are also grateful for the gifts in kind that we receive, especially if it's something we regularly need to buy, as it saves the charity money that could otherwise be used to directly support people in crisis. Please choose something from our most up-to-date list of items we need: www.caritassalford.org.uk/donate/collecting-items-to-support-us/

Alternatively, arrange a conversation with our Income Development team about how your organisation can partner with our charity for the year:

Email fundraising@caritassalford.org.uk or telephone 0161 817 2285.

We sincerely hope that your team will leave us feeling enthusiastic and motivated to do more and to tell everyone about our work.





What to expect

Once we have welcomed and briefed your team, each person will be paired up with our regular volunteers for a variety of tasks.

Depending on which service you volunteer at, these tasks might include:







helping to sort out donations



staffing our welcome desk





working in our garden or community allotment



There will be lots of opportunities for team members to talk with people in the service or to sit and have a meal with them.

We also have various activity sessions, which we encourage you all to fully participate in, rather than observe. It's an easy way to just be alongside people and chat.

The day ends with a de-briefing session, which is your team's opportunity to ask questions, give feedback and learn more about what we have planned that you can help us with, as well as to capture your team photo and any permissions.





Health and safety on the day

It is important to consider that our services are busy and fast-paced environments, and we want to ensure you consider your teams safety throughout the day.

What to wear:

Comfy shoes, practical or casual clothes, a bobble to tie back long hair.

What to bring:

Just yourselves! It's best if you don't bring lots of valuables with you.

A few things to consider whilst you're with us:

- Please don't take photos. We will arrange for you to have a team photo at the end.
- Please don't offer to directly help someone with a problem they are experiencing or share your personal contact details. Let a member of staff know about it instead.
- Please don't offer someone a job, but let a member of staff know about the opportunities that might be available for that person/people.
- Don't be nervous about chatting. Just enjoy being in each other's company, so any topic you would discuss with someone you have just met, e.g. the weather, the football, music tastes, etc.







What you can do next

Once you have had a taster of the work we do, please do tell your friends and family all about us, and follow us on social media and share our posts









Please sign up to receive our newsletter here: www.caritassalford.org.uk/newsletter/







Perhaps you would like to ask colleagues to contribute to a collection of practical items we always need, or to help you sponsor an activity for people accessing services at Caritas? You can find out more about how to get involved at our website:

www.caritassalford.org.uk/get-involved/



To take part in one of our challenge events to raise vital funds, please visit: www.caritassalford.org.uk/take-part-in-a-caritas-fundraising-event-or-activity/



And to make a donation or set up a direct debit please visit: www.caritassalford.org.uk/donate/

Thank you again for choosing to volunteer with us!

For more information:

- Volunteering@caritassalford.org.uk or m.yates@caritassalford.org.uk
- W www.caritassalford.org.uk/volunteer
- (0161 817 2250 or 07939 995 952

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Registered with FUNDRAISING REGULATOR

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