You don't just have to collect loose change in your St Joseph's Penny appeal box to help tackle local poverty and homelessness. Why not use this poster to make some plans?



Caritas
Diocese of Salford

Your fundraising will have a huge long-lasting impact. Thank you.

We have calculated the cost of serving a hot meal, pudding and a drink at our Caritas day centres which welcome, feed and support people who are homeless. It costs just a little over **£3 per person** when we account for some donated food items we receive, the kitchen's preparation time, and our gas and electricity bills to cook and wash up afterwards.

How many people could your class feed with the money you fundraise?

Or take a look below at some of the other ways your class or school fundraising could help someone in our local community.

"Thank you so much for the meal today. I felt embarrassed asking for help. I don't know what I'd do without it because I've got nothing otherwise."

£3
could provide a nutritious hot meal at a Caritas day Centre.

£20
could support someone with today's food shopping.

£35
could fit a person's home with energy saving devices to save on bills.

£50
could provide 70 of the most vulnerable people with a hot shower and toiletries at a Caritas day centre.



£105
could help with a family's weekly food shopping.

£400
could provide an essential furniture package for a young parent and child moving into their own home.

£1,500
could sponsor a room for one year in our safe and supported accommodation to help a person out of homelessness.

£2,100
could prepare six people, who are homeless, to be good tenants with training and support for viewings, sign-up and resettlement visit(s).









Please turn over to make a plan of action to #BeeThere for others.

CARITAS DIOCESE OF SALFORD
Caritas House, Nobby Stiles Road, Manchester M4 4FA
0161-817 2250 and select option 1
fundraising@caritassalford.org.uk
@CaritasSalford @CaritasSalford @Caritas_Salford @CaritasSalford

Registered with FUNDRAISING REGULATOR

#BeeThere

Charity number: 1125808

Step 1
Set a target.

Agree with your class how many people you'd like to help and decide upon the things you'd like to pay for. Write this goal at the top of the totaliser, e.g. 30 hot meals, and fill in your progress towards the goal.

Step 2
Decide how you'll ask people to make a donation.

Are you going to do a challenge where people need to sponsor you? Will you put on an event and sell tickets? Or have you decided on a game that people need to pay to compete?

Step 3
Not decided on how you'll raise money yet?

Then choose something from our ideas on the next page, or play the A-Z game together to come up with your own ways to raise money.

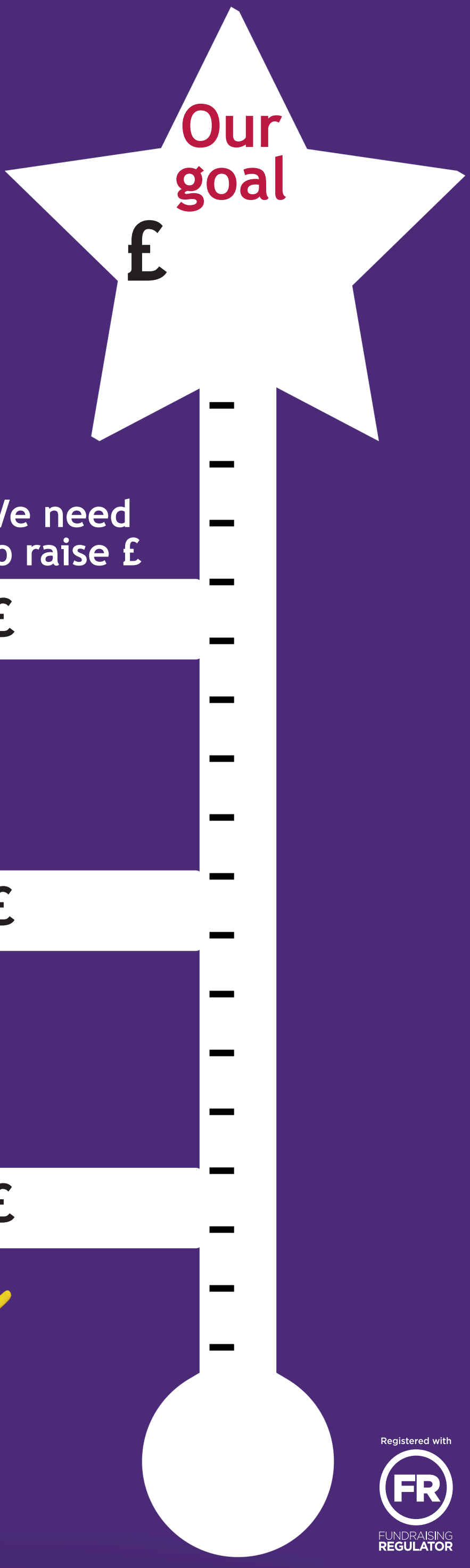
Step 4
Tell people how their donations have helped someone local.

"I feel safe here. It feels like people care about me here, and Caritas has stopped me sleeping on the streets."

"I am treated with respect all the time by Caritas staff. After living on the streets for so long, I'm being treated like a human being again."

"I really enjoy coming here - you make a great cup of tea and I love the food. You are always there if I need to talk. You really listen."





Registered with FUNDRAISING REGULATOR

A Auction. Art exhibition.

B Bake cakes. Book sale. Bingo.

C Car wash. Cycling. Coin search down the back of the sofa.

D Danceathon. Darts competition. Drawing contest.

E Egg painting. Easter egg hunt. Eurovision.

F Fashion show. Film night.

G Gaming. Guess items in a jar. Give up something you love.

H Help with chores. Have a crazy hair day.

I Indoor sleep out. It's a knockout. Ironman challenge.

J Jigsaw puzzle race. Jumble sale.

K Karaoke. Keepy-uppy contest. Kind to my sibling/cousin day.

L Lego build. Longest line of coins. Livestream your cooking or crafting demonstration.

M Mobile-free day. Makeover task. Music concert. Maker market

N Night time challenge. Name the [movie/song] quiz.

O Obstacle course. Onion chopping contest. Open mic.

P Penatly shoot-out. Press up or plank challenge. Parable of the talents.

Q Quiet hour. Quickest time contest. Quiz night.

R Readathon. Race day.

S Short story contest. Superhero dress-up day.

T Talent contest. Teddy bear picnic. Tombola. Treasure hunt.

U Ultimate frisbee-throwing. Ugly shirt day. Upcycling market. Unplug from tech day.

V Variety show. Video game contest. Village fete.

W Walking. Wear Caritas red day. World record attempt.

X X factor. Go the X-tra mile for someone.

Y Yo-yo competition. Yes to requests.

Z Zero waste week. ZZZs sponsored sleep out of my own bed.